2021 Return to Competition

Marlins GRYM VI Meet Type: Intrasquad April 23-25, 2021

Wren-Weisenburger Pool, 50 East Putnam Avenue, Greenwich, CT 06830 https://goo.gl/maps/1bcT3dYh8VprysVn6

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #RTC21-46. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Greenwich Marlins, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, and the State of Connecticut the Town of Greenwich: <u>https://www.greenwichct.gov/</u>

COVID-19 Assumption of Risk Disclaimer

We, YMCA of Greenwich Marlins, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at the Marlins GRYM VI or on site at the Olympic Pool at the Greenwich YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Marlins GRYM VI and being on site at the Olympic Pool at the Greenwich YMCA., you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES,

WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: All participants will be expected to have a waiver on file to gain entry to the YMCA of Greenwich from either the Mason Street or Putnam Avenue entrances.

EVENTS

	Name	Email	Phone
Meet Director:	Yolanda Jahan	Yoli.jahan1@gmail.com	203 278 6712
Meet Referee:	Greg Bedell	greg@bedellmail.com	
Lead Admin Official:	Sophia Todorovic	sophiap@accordia-group.com	914 473 0369
Entry Chair:	Aaron Montgomery	amontgomery@gwymca.org	19143193811
Safety Chair:	Harry Shontz	hshontz@gwymca.org	
Officials Contact:	Yolanda Jahan	Yoli.jahan1@gmail.com	203 278 6712

MEET HOST: GRYM

WEBSITE: www.greenwichmarlins.org

POOL EMERGENCY NUMBER: 203 869 1630

RETURN TO COMPETITION SANCTIONED OR APPROVED: Sanctioned

MEET TYPE: Closed

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: No scratches will be taken. The meet will be pre-seeded.

NO DECK ENTRIES WILL BE ALLOWED

BEFORE ENTERING FACILITY or WHAT TO BRING: Follow all building guidance for entry and exit of the pool. The main hallway will be for entry only, and the rear stairway will be for exit only. Masks are required, and deck chairs are allowed but must be placed on the designated markers on deck.

FACILITY RULES:

Planned number of individuals on deck: 85 (60 swimmers, 12 timers, 4 officials, 3 lifeguards, 2 coaches, 2 Colorado operators, 2 custodians)
Planned number of individuals in spectating area: 0
Masks must be worn at all times.
Seating will be designated by socially distant markings on the pool deck.
Meet Marshalls will space masked swimmers as they approach the blocks

FACILITY: The Main Street Competition Pool is a 6 -lane, 25-yard pool. Water depth at start end and finish end ranges from 6ft to 7ft deep. The competition course has not been certified in accordance with 104.2.2C(4).

TIMING SYSTEM: Colorado Timing System (102.24.2.A), per CSI COVID-19 Officials Guidelines.

LOCKER ROOMS: Showers and locker rooms are limited to use of the restrooms only. Changing into or out of swimsuits is prohibited. Swimmers are to arrive in suits. Deck shower are available.

SAFE SPORT POLICIES: The meet will be livestreamed via Facebook Live or Zoom, and a secure, password protected link will be sent to families the week of the meet. Parents that are members of the YMCA will be able to wait for their child in the family lounge and terrace where socially distant seating will be designated and meet viewing will be available.

DISABLED ACCESS: Limited handicap parking is available. Main entrance on Mason Street has a handicap accessible entrance and an elevator for transport to the pool level. Locker rooms and spectator areas are accessible once inside. Anyone needing access should contact the meet director for assistance before the meet.

COURSE: SCY

SESSION TIMES: Subject to Change

Session 1: Session 2:	8&U 9&Over	4:00WU 5:00WU	4:30pm Start 5:30pm Start
Saturday Session 3: Session 4:	10&U 11-14	8:00WU 9:15WU	8:30am Start 9:45am Start
Sunday Session 5:	11-14	4:30WU	5:00pm Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. **Swimmers will warm-up only in their practice cohorts, as required by the State of Connecticut**. There will be assigned lanes as well as up to two warmup sessions based on the final number of swimmers entered in the meet. We will observe a maximum of four swimmers per lane for warmup, and the number of warmup sessions will be based the practice cohorts and on the number of swimmers entered in the meet.

ELIGIBILITY: Intrasquad meet. All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete <u>registration procedures</u>. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming <u>policy for clubs</u> and <u>policy for meet hosts</u>.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

ENTRY LIMITATIONS: Max of four events per session

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: Deadline is Deadline is April 23, 2021. Mail hardcopy and payment to the entry chairperson: Aaron Montgomery, 50 East Putnam Avenue, Greenwich, CT. 06830. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at amontgomery@gwymca.org Please check that your team name, address, and contact information are listed correctly in this file.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Not applicable

ENTRY FEES: Not applicable.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

PAYMENT INSTRUCTIONS: NA

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The distance events (400 meters or yards or greater) may be heat limited to the first 3 heats of entries per gender in the order they were received.

2. The maximum number of events allowed per day may be reduced by one (1).

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: NO

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes, Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is/are: 30 minutes prior to the end of the session for Saturday and Sunday's sessions. There is no fee.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work assignments will be posted by the Meet Director and emailed to the parents / guardians of the participants.

All volunteers will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention</u> <u>Policy.</u>

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: We encourage all parents to car pool as much as possible. There will be parking at the following locations:

Lower Mason St. parking lot(Across from the bank)

Chase Bank Parking lot.

Municipal parking behind First Presbyterian Church located at the top of Greenwich Avenue on Lafayette Place.

Free parking on Friday after 5 pm.

DIRECTIONS: The Greenwich YMCA is located at 50 East Putnam Avenue, Greenwich, Connecticut. 06830. From I-95 North, exit 4, turn right to Indian Field Rd. From I-95 South, exit 4, turn left to Indian Field Rd; Continue approximately 1 mile to traffic light at East Putnam Avenue. Turn left at East Putnam Avenue. Go thru 6 traffic lights. Greenwich YMCA building is on the left.

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at Greenwich YMCA or any Greenwich YMCA Marlins related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

- 1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
- 2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
- 3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) Greenwich YMCA Marlins and / or Greenwich YMCA and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
- 4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
- 5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this day of April, 2021.

NAME: ______ ADDRESS: _____

NAMES OF MINOR CHILD(REN), IF ANY:

CT2021 GRYM VI - 4/23/2021 to 4/25/2021

Session Report

Session: 1 8&U Friday

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Girls 8 & Under 25 Freestyle	0	0	04:30 PM	e04:30 PM
Finals	2 Boys 8 & Under 25 Freestyle	0	0	04:30 PM	e04:30 PM
Finals	3 Girls 8 & Under 25 Backstroke	0	0	04:30 PM	e04:30 PM
Finals	4 Boys 8 & Under 25 Backstroke	0	0	04:30 PM	e04:30 PM
Finals	5 Girls 8 & Under 25 Breaststroke	0	0	04:30 PM	e04:30 PM
Finals	6 Boys 8 & Under 25 Breaststroke	0	0	04:30 PM	e04:30 PM
Finals	7 Girls 8 & Under 25 Butterfly	0	0	04:30 PM	e04:30 PM
Finals	8 Boys 8 & Under 25 Butterfly	0	0	04:30 PM	e04:30 PM
	Finish Time			04:30 PM	e04:30 PM

Session: 2 9&Over Friday

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	9 Girls 9-99 500 Freestyle	0	0	05:30 PM	e05:30 PM
Finals	10 Boys 9-99 500 Freestyle	0	0	05:30 PM	e05:30 PM
Finals	11 Girls 9-99 200 IM	0	0	05:30 PM	e05:30 PM
Finals	12 Boys 9-99 200 IM	0	0	05:30 PM	e05:30 PM
	Finish Time			05:30 PM	e05:30 PM

Session: 3 10&U Saturday

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	13 Girls 10 & Under 50 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	14 Boys 10 & Under 50 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	15 Girls 10 & Under 50 Backstroke	0	0	08:30 AM	e08:30 AM
Finals	16 Boys 10 & Under 50 Backstroke	0	0	08:30 AM	e08:30 AM
Finals	17 Girls 10 & Under 50 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	18 Boys 10 & Under 50 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	19 Girls 10 & Under 50 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	20 Boys 10 & Under 50 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	21 Girls 10 & Under 100 IM	0	0	08:30 AM	e08:30 AM
Finals	22 Boys 10 & Under 100 IM	0	0	08:30 AM	e08:30 AM
	Finish Time			08:30 AM	e08:30 AM

CT2021 GRYM VI - 4/23/2021 to 4/25/2021

Session Report

Session: 4 11-14 Saturday

Day of Meet: 2 Starts at 09:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	23 Girls 11-14 100 Freestyle	0	0	09:45 AM	e09:45 AM
Finals	24 Boys 11-14 100 Freestyle	0	0	09:45 AM	e09:45 AM
Finals	25 Girls 11-14 50 Backstroke	0	0	09:45 AM	e09:45 AM
Finals	26 Boys 11-14 50 Backstroke	0	0	09:45 AM	e09:45 AM
Finals	27 Girls 11-14 100 Breaststroke	0	0	09:45 AM	e09:45 AM
Finals	28 Boys 11-14 100 Breaststroke	0	0	09:45 AM	e09:45 AM
Finals	29 Girls 11-14 50 Butterfly	0	0	09:45 AM	e09:45 AM
Finals	30 Boys 11-14 50 Butterfly	0	0	09:45 AM	e09:45 AM
Finals	31 Girls 11-14 100 IM	0	0	09:45 AM	e09:45 AM
Finals	32 Boys 11-14 100 IM	0	0	09:45 AM	e09:45 AM
	Finish Time			09:45 AM	e09:45 AM

Session: 5 11-14 Sunday

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	33 Girls 11-99 50 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	34 Boys 11-99 50 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	35 Girls 11-99 100 Backstroke	0	0	05:00 PM	e05:00 PM
Finals	36 Boys 11-99 100 Backstroke	0	0	05:00 PM	e05:00 PM
Finals	37 Girls 11-99 50 Breaststroke	0	0	05:00 PM	e05:00 PM
Finals	38 Boys 11-99 50 Breaststroke	0	0	05:00 PM	e05:00 PM
Finals	39 Girls 11-99 100 Butterfly	0	0	05:00 PM	e05:00 PM
Finals	40 Boys 11-99 100 Butterfly	0	0	05:00 PM	e05:00 PM
Finals	41 Girls 11-99 200 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	42 Boys 11-99 200 Freestyle	0	0	05:00 PM	e05:00 PM
	Finish Time			05:00 PM	e05:00 PM