

CONNECTICUT SENIOR LONG COURSE CHAMPIONSHIPS
ORDER OF EVENTS
WITH QUALIFYING TIMES
JULY 18-21, 2019

Thursday, July 18th

No.	LCM	SCY	Event	SCY	LCM	No.
1	19:26.39	18:09.99	W 1500/M 800 Free*	10:34.99	9:36.19	2
	19:44.39B	18:27.99B	Alt Distance Bonus*	10:43.99B	9:45.19B	
3	2:36.09	2:13.99	200 Backstroke	2:06.19	2:28.79	4
5	:29.09	:25.39	50 Free	:22.59	:26.59	6
7	1:24.29	1:10.99	100 Breaststroke	1:04.19	1:16.79	8
9			400 Medley Relay**			10

Friday, July 19th

11	2:16.29	1:57.79	200 Freestyle	1:49.19	2:06.59	12
13	1:12.89	1:01.49	100 Backstroke	:57.29	1:07.19	14
15	5:32.49	4:48.69	400 IM	4:28.89	5:14.09	16
17			800 Free Relay**			18

Saturday, July 20th

19			200 Medley Relay**			20
21	1:09.59	1:00.19	100 Butterfly	:53.79	1:03.19	22
23	3:01.09	2:34.69	200 Breaststroke	2:22.29	2:48.79	24
25	4:49.79	5:14.09	400 Freestyle	4:56.59	4:30.79	26
27			400 Free Relay**			28

Sunday, July 21st

29	10:04.39	10:59.99	W 800/ M 1500 Free*	17:43.99	18:26.99	
	10:13.39B	11:08.99B	Alt Distance Bonus*	18:03.99B	18:44.99B	30
31	2:43.79	2:19.49	200 Butterfly	2:11.19	2:29.59	32
33	1:03.09	:54.29	100 Freestyle	:48.99	:57.79	34
35	2:37.59	2:13.89	200 IM	2:03.09	2:24.39	36
37			200 Free Relay**			38

*- These events will be swum as timed finals.

** - Events will be swum as timed finals during the finals session.

The fastest heat of the Women's 1500 and 800 Freestyles along with the fastest heat of the Men's 800 and 1500 Freestyles will swim in the finals session. All other heats will be held in a distance session after the morning preliminary events have concluded. The start time of the distance session will be determined once the positive check in deadline has expired for the distance events.

All Relays will be swum in the finals session

The C final is restricted to swimmers 18 and Under.