

## Head Age Group Swim Coach

The Head Age Group Swim Coach promotes and ensures a positive swim team experience for all Darien YMCA Piranha team members. The HAGSC is responsible for coaching the program's 6-12-year-old age group in competitive swim techniques and developing and improving their skills. The HAGSC reports to and works with the Head Swim Coach to create full season training plans, strategies, and communicating with swimmers, coaches, and parents.

As the HAGSC you are a dynamic individual who comes to work with a smile and genuinely enjoys working with athletes, parents, and staff. From the pool deck, you will bring your superior knowledge and skills to effectively communicate with and guide swimmers in proper competitive swimming techniques. As a dedicated coach, you ensure a safe and enthusiastic sporting environment in which your team will thrive. You will also encourage and lead your team at competitive meets. As a reliable and punctual coach, you foster trust and commitment from your team.

Your top-quality skills and friendly, welcoming demeanor create positive public relations and foster the Y's commitment to providing a superb swim team experience.

Our commitment to you includes a competitive wage, thorough training, a first-rate facility, and an individual membership to the Y! Be a part of our team and build a career with a future.

Some additional duties for the Head Age Group Swim Coach include (but are not limited to):

### **Duties and Responsibilities:**

- Lead coach for developmental pre-team. Conduct group practices and teach competitive swimming techniques to athletes of a wide range of ages and abilities.
- Use professional knowledge and judgement to plan and implement appropriate daily workouts.
- Supervise and delegate responsibilities to assistant coaches to ensure proper techniques are being taught and athletes are learning and improving.
- Develop season plans for different age and ability groups to fit in with the overall team and head coach philosophy.
- Assists with team tryouts, individual evaluations, Masters Swim Program, and/or other team-related programs.
- Participates and/or assists in coordination of Swim Club events and functions.
- Ensure daily and season-long training is age and ability appropriate. Modify training for athletes in case of injury or over-training.
- Manages meet entries for developmental group swimmers and coordinates appropriate coach coverage for those meets. Attend and coach weekend swim meets as necessary and directed. Participate in team social events.
- Communicates with athletes, parents and coaches utilizing email, newsletter, social media, regarding practices, meets, or other events concerning the team.
- Monitors and logs daily attendance. Maintains records of assistant/part-time coach's certifications and USA Swimming memberships.

### **Qualifications:**

- 3 Years of swim coaching experience with at least 1 year as lead coach.
- Must hold current CPR, Lifeguarding and/or Coaches Safety Training certifications or ability to obtain prior to employment.
- Member in good standing with USA Swimming.
- Ability to work flexible hours including evenings and weekends.

### **WORK ENVIRONMENT & PHYSICAL DEMANDS:**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Frequent standing, walking, bending, and moving around work environment.
- Occasional lifting and/or moving up to 20 pounds.
- Auditory and vision abilities required by this job include acute hearing, close vision, distance vision, and the ability to adjust.
- Work environment temperatures range from mild to very warm.
- Work environment noise ranges from mild to significant.

The Darien YMCA is an equal opportunity employer and does not discriminate based on race, color, creed, sex, sexual orientation, gender identity or expression, age, religion, national origin, citizenship status, disability, ancestry, marital status, veteran status, or any protected category prohibited by local, state, or federal laws.

Interested candidates should submit their resume and cover letter to Jason Memont, Head Coach at [jmemont@darien-ymca.org](mailto:jmemont@darien-ymca.org) or call **203-655-8228 x 1397** with any questions.