## CT GRYM SC Friday Regional Distance Champs, Sanction #: S23-100a-c March 1, 2024 - Greenwich, CT Session Report

Session: 1 Friday

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Event	Entries	Heats	Starts at	
1 Mixed 11-18 400 IM	56	7 u	05:00 PM	
2 Mixed 12 & Under 200 Backstroke	37	5 u	05:41 PM	
3 Mixed 12 & Under 200 Butterfly	1	1 u	05:59 PM	
4 Mixed 12 & Under 200 Breaststroke	30	4 u	06:02 PM	
5 Mixed 12 & Under 500 Freestyle	40	5 u	06:18 PM	
6 Mixed 11-18 1650 Freestyle	7	1 u	06:54 PM	
Swimmers Counts for Warm-ups: 156	====	====		
Entry / Heat Totals:	171	23		
Finish Time			07:15 PM	
	<ol> <li>Mixed 11-18 400 IM</li> <li>Mixed 12 &amp; Under 200 Backstroke</li> <li>Mixed 12 &amp; Under 200 Butterfly</li> <li>Mixed 12 &amp; Under 200 Breaststroke</li> <li>Mixed 12 &amp; Under 500 Freestyle</li> <li>Mixed 11-18 1650 Freestyle</li> <li>Swimmers Counts for Warm-ups: 156         Entry / Heat Totals:     </li> </ol>	1 Mixed 11-18 400 IM       56         2 Mixed 12 & Under 200 Backstroke       37         3 Mixed 12 & Under 200 Butterfly       1         4 Mixed 12 & Under 200 Breaststroke       30         5 Mixed 12 & Under 500 Freestyle       40         6 Mixed 11-18 1650 Freestyle       7         Swimmers Counts for Warm-ups: 156       ====         Entry / Heat Totals:       171	1 Mixed 11-18 400 IM       56       7 u         2 Mixed 12 & Under 200 Backstroke       37       5 u         3 Mixed 12 & Under 200 Butterfly       1       1 u         4 Mixed 12 & Under 200 Breaststroke       30       4 u         5 Mixed 12 & Under 500 Freestyle       40       5 u         6 Mixed 11-18 1650 Freestyle       7       1 u         Swimmers Counts for Warm-ups: 156       ====       ====         Entry / Heat Totals:       171       23	1 Mixed 11-18 400 IM       56       7 u 05:00 PM         2 Mixed 12 & Under 200 Backstroke       37       5 u 05:41 PM         3 Mixed 12 & Under 200 Butterfly       1 u 05:59 PM         4 Mixed 12 & Under 200 Breaststroke       30 u 06:02 PM         5 Mixed 12 & Under 500 Freestyle       40 u 06:02 PM         6 Mixed 11-18 1650 Freestyle       7 u 06:54 PM         Swimmers Counts for Warm-ups: 156       ====         Entry / Heat Totals:       171 u 23