

**2023 SC Senior Championships, Sanction #: S22-75**  
**February 16-19, 2023 - Wilton & Westport**  
**Session Report**

Session: 1 Thursday

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Women 200 Medley Relay	19	4 u	05:00 PM	_____
Finals	2 Men 200 Medley Relay	6	1 u	05:10 PM	_____
	Break: 10 Minutes:				
Finals	3 Women 1650 Freestyle	17	3 u	05:22 PM	_____
Finals	4 Men 1000 Freestyle	27	5 u	06:18 PM	_____
	Break: 10 Minutes:				
Finals	5 Women 400 Freestyle Relay	16	3 u	07:21 PM	_____
Finals	6 Men 400 Freestyle Relay	6	1 u	07:33 PM	_____
	Swimmers Counts for Warm-ups: 44	====	====		
	Entry / Heat Totals:	91	17		
	Finish Time			07:37 PM	_____

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**Session Report**

Session: 2 Friday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	7 Women 50 Freestyle	75	13 u	09:00 AM	_____
Prelims	8 Men 50 Freestyle	61	11 u	09:09 AM	_____
Prelims	9 Women 200 Butterfly	44	8 u	09:16 AM	_____
Prelims	10 Men 200 Butterfly	52	9 u	09:36 AM	_____
Prelims	11 Women 100 Breaststroke	54	9 u	09:57 AM	_____
Prelims	12 Men 100 Breaststroke	55	10 u	10:10 AM	_____
Prelims	13 Women 200 Freestyle	68	12 u	10:24 AM	_____
Prelims	14 Men 200 Freestyle	52	9 u	10:51 AM	_____
Prelims	15 Women 400 IM	27	5 u	11:09 AM	_____
Prelims	16 Men 400 IM	38	7 u	11:35 AM	_____
	Swimmers Counts for Warm-ups: 289	=====	=====		
	Entry / Heat Totals:	526	93		
	Finish Time			12:07 PM	_____

**2023 SC Senior Championships, Sanction #: S22-75**  
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**Session Report**

Session: 2F Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Women 50 Freestyle	30	3 u	05:00 PM	_____
Finals	8 Men 50 Freestyle	30	3 u	05:02 PM	_____
	Break: 10 Minutes:				
Finals	9 Women 200 Butterfly	30	3 u	05:14 PM	_____
Finals	10 Men 200 Butterfly	30	3 u	05:22 PM	_____
	Break: 10 Minutes:				
Finals	11 Women 100 Breaststroke	30	3 u	05:38 PM	_____
Finals	12 Men 100 Breaststroke	30	3 u	05:42 PM	_____
	Break: 10 Minutes:				
Finals	13 Women 200 Freestyle	30	3 u	05:56 PM	_____
Finals	14 Men 200 Freestyle	30	3 u	06:03 PM	_____
	Break: 10 Minutes:				
Finals	15 Women 400 IM	27	3 u	06:19 PM	_____
Finals	16 Men 400 IM	30	3 u	06:34 PM	_____
	Break: 10 Minutes:				
Finals	17 Women 800 Freestyle Relay	16	2 u	06:57 PM	_____
Finals	18 Men 800 Freestyle Relay	6	1 u	07:14 PM	_____
	Swimmers Counts for Warm-ups: 183	=====	=====		
	Entry / Heat Totals:	319	33		
	Finish Time			07:22 PM	_____

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**Session Report**

Session: 3 Saturday Morning

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	19 Women 100 Butterfly	75	13 u	09:00 AM	_____
Prelims	20 Men 100 Butterfly	82	14 u	09:17 AM	_____
Prelims	21 Women 200 Breaststroke	44	8 u	09:34 AM	_____
Prelims	22 Men 200 Breaststroke	54	9 u	09:56 AM	_____
Prelims	23 Women 100 Backstroke	60	10 u	10:19 AM	_____
Prelims	24 Men 100 Backstroke	71	12 u	10:35 AM	_____
Prelims	25 Women 500 Freestyle	43	8 u	10:52 AM	_____
Prelims	26 Men 500 Freestyle	31	6 u	11:36 AM	_____
	Swimmers Counts for Warm-ups: 295	=====	=====		
	Entry / Heat Totals:	460	80		
	Finish Time			12:07 PM	_____

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Session: 3F Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 93 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Women 100 Butterfly	30	3 u	05:00 PM	_____
Finals	20 Men 100 Butterfly	30	3 u	05:08 PM	_____
	Break: 13 Minutes:				
Finals	21 Women 200 Breaststroke	30	3 u	05:28 PM	_____
Finals	22 Men 200 Breaststroke	30	3 u	05:40 PM	_____
	Break: 10 Minutes:				
Finals	23 Women 100 Backstroke	30	3 u	06:02 PM	_____
Finals	24 Men 100 Backstroke	30	3 u	06:10 PM	_____
	Break: 10 Minutes:				
Finals	25 Women 500 Freestyle	30	3 u	06:28 PM	_____
Finals	26 Men 500 Freestyle	30	3 u	06:48 PM	_____
	Break: 10 Minutes:				
Finals	27 Women 400 Medley Relay	18	2 u	07:17 PM	_____
Finals	28 Men 400 Medley Relay	6	1 u	07:29 PM	_____
	Swimmers Counts for Warm-ups: 169	=====	=====		
	Entry / Heat Totals:	264	27		
	Finish Time			07:35 PM	_____

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**Session Report**

Session: 4 Sunday Morning

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	31 Women 200 Backstroke	56	10 u	09:00 AM	_____
Prelims	32 Men 200 Backstroke	51	9 u	09:28 AM	_____
Prelims	33 Women 100 Freestyle	77	13 u	09:51 AM	_____
Prelims	34 Men 100 Freestyle	68	12 u	10:06 AM	_____
Prelims	35 Women 200 IM	72	12 u	10:19 AM	_____
Prelims	36 Men 200 IM	65	11 u	10:49 AM	_____
	Swimmers Counts for Warm-ups: 266	=====	=====		
	Entry / Heat Totals:	389	67		
	Finish Time			11:14 AM	_____

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**Session Report**

Session: 4D Sunday Distance

Day of Meet: 4 Starts at 11:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-S	29 Women 1000 Freestyle	9	3 u	11:30 AM	_____
Finals-S	30 Men 1650 Freestyle	15	4 u	12:04 PM	_____
	Swimmers Counts for Warm-ups: 44	=====	=====		
	Entry / Heat Totals:	24	7		
	Finish Time			01:16 PM	_____

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**Session Report**

Session: 4F Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 95 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	29 Women 1000 Freestyle	10	1 u	05:00 PM	_____
Finals-1	30 Men 1650 Freestyle	10	1 u	05:13 PM	_____
	Break: 10 Minutes:				
Finals	31 Women 200 Backstroke	30	3 u	05:42 PM	_____
Finals	32 Men 200 Backstroke	30	3 u	05:54 PM	_____
	Break: 10 Minutes:				
Finals	33 Women 100 Freestyle	30	3 u	06:15 PM	_____
Finals	34 Men 100 Freestyle	30	3 u	06:23 PM	_____
	Break: 10 Minutes:				
Finals	35 Women 200 IM	30	3 u	06:40 PM	_____
Finals	36 Men 200 IM	30	3 u	06:51 PM	_____
	Break: 11 Minutes:				
Finals	37 Women 200 Freestyle Relay	18	2 u	07:13 PM	_____
Finals	38 Men 200 Freestyle Relay	7	1 u	07:20 PM	_____
	Swimmers Counts for Warm-ups: 153	=====	=====		
	Entry / Heat Totals:	225	23		
	Finish Time			07:23 PM	_____