

Warm Up Assignments

SATURDAY AFTERNOON

13/Over Session I: 2:00 – 2:22 pm

Lane 1 – IVY (15)
Lane 2 – NCA (8) NMEG (8)
Lane 3 – SEALS (13)
Lane 4 – MJCC (3) WWRX (11)
Lane 5 – LEHY (20)
Lane 6 – GLAS (21)

Session II: 2:23 – 2:45 pm

Lane 1 – RAYS (16)
Lane 2 – RAYS (8) HYR (2)
Lane 3 – SLAC (16)
Lane 4 – FVYT (12)
Lane 5 – CAC (11) CAT (7)
Lane 6 – BSPL (8) NSC (10)

Session III: 2:45 – 2:55 pm one way sprint

Meet Starts @ 3:00 pm

SUNDAY AFTERNOON

13/Over Session I: 2:00 – 2:22 pm

Lane 1 – RAYS (17)
Lane 2 – RAYS (10) HYR (2)
Lane 3 – SLAC (17)
Lane 4 – FVYT (14)
Lane 5 – CAC (11) MJCC (7)
Lane 6 – CAT (7) NSC (9)

Session II: 2:23 – 2:45 pm

Lane 1 – BSPL (9) NMEG (10)
Lane 2 – NCA (8) WWRX (12)
Lane 3 – SEALS (13)
Lane 4 – IVY (16)
Lane 5 – LEHY (21)
Lane 6 – GLAS (21)

Session III: 2:45 – 2:55 pm one way sprint

Meet Starts @ 3:00 pm