Note from the Meet Director-

Greetings all,

CDOG is excited to be able to host the 2022 Connecticut SC Regionals at the Cheshire Community Pool this weekend, 2/25-27.

The Friday evening and Saturday morning session will be run in 8 lanes. The Saturday afternoon, Sunday morning and Sunday afternoon session will be run in 10 lanes. The public will be using the facility Friday evening and possibly the Saturday morning session.

Please distribute the information below to your teams.

Everyone must wear masks properly while inside the facility

Everyone must wear masks at all times. Obviously, while swimmers are competing they will not be wearing masks but they should bring the masks to the blocks. It is best practice for the swimmers to have a plastic bag to put the mask in while they compete.

1 Spectator per swimmer

1 spectator per swimmer will be allowed in the facility to watch the meet. Spectators will be seated in the bleachers.

Swimmers should bring deck chairs

Swimmers are encouraged to bring deck chairs, there will be some seating but it will be limited.

Live Stream

We will be live streaming the meet and I encourage the spectators in Sessions 1, 2 & 4 to utilize the live streaming instead of viewing the meet in person.

Waivers

Swimmers need to bring in their completed waivers to the meet. Coaches, please get all the waivers from your swimmers and hand them into the meet management table at the meet.

Swimmers should show up at the facility with their suits on

There isn't enough room in the locker rooms for everyone to get changed. Consequently, swimmers should arrive at the facility with their suits on.

Scratches

Scratches are due 20 minutes after the start of warm-ups.

Timing Assignments for the 2022 SC Regionals at the Cheshire Community Pool

Below is a list of the timing assignments for the meet. Please be sure to have the timers sign in at the beginning of the warm-up session.

Friday PM Session	CDOG WHAT SEAL SYS FINS RAYS VSYM WFYD	7 3 2 2 1 1 1
Saturday AM Session	CDOG WHAT SYS RAYS FINS SEAL VSYM	4 4 2 2 2 2 1
Saturday PM Session	CDOG WHAT RAYS SYS FINS SEAL NMEG WFYD	5 4 3 2 2 2 2 1
Sunday AM Session	CDOG WHAT SYS RAYS FINS SEAL VSYM BSPL	5 4 3 2 2 2 2 1
Sunday PM Session	CDOG WHAT RAYS SYS NMEG FINS SEAL WFYD UNWT	5 4 2 2 2 2 2 1 1